

## READING GUIDE

# Guatemala: Land of Eternal Spring

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to <http://reading.longitudebooks.com/SB38>.

### Essential

These 6 items are available as a package for \$80 including shipping, 15% off the retail price (Item no. EXGML06). Any additional books ordered are shipped free.

#### Rough Guide

##### **Rough Guide Guatemala**

2006, PAPER, 511 PAGES, \$18.99

A comprehensive guide, our favorite for Guatemala, with good cultural information and the best overview of where to go and what to do throughout the country. It's got consistently more -- and more accurate -- information on markets, towns and excursions than the competition. The contexts section at the back of the book, with historical and cultural information, is equally as strong. With sections on Copan and the Honduran Bay Islands. (Item no. CAM89)

#### Trisha O'Kane

##### **Guatemala in Focus, A Guide to the People, Politics and Culture**

2000, PAPER, 94 PAGES, \$12.95

Authoritative and up-to-date, this slim guide focuses on the history of Guatemala, its cultural heritage and current political, environmental and economic challenges. With maps, photographs and some travel information. It's an excellent synopsis from an unabashedly left-leaning perspective, strong on facts. (Item no. GML04)

#### Mary Ellen Miller

##### **Maya Art and Architecture**

1999, PAPER, 240 PAGES, \$14.95

Organized thematically, this book by Yale art historian Mary Ellen Miller surveys the art and architecture throughout Mayadom. She makes use of the latest discoveries at Tikal, Copan, Palenque and other Maya sites to present the range of art from architecture, to sculpture, ceramics and murals. The text is much enhanced by 200 illustrations, 50 in color, including site plans, maps, strikingly rendered reconstructions and color photographs of key temples and buildings. For the traveler interested in better understanding Maya art -- and particularly the glyphs featured on Maya sculpture -- we couldn't recommend this book more highly. (Item no. MYA20)

#### Claude Baudez, Sydney Picasso

##### **Lost Cities of the Maya**

1992, PAPER, 175 PAGES, \$12.95

A pocket guide to Maya archaeology. This lavishly illustrated small book features hundreds of color photographs and illustrations -- along with excerpts from key works and a brief guide to Maya arithmetic, their calendar, and inscriptions. (Item no. MYA01)

#### Adrian Forsyth, Ken Miyata

##### **Tropical Nature**

1984, PAPER, 248 PAGES, \$14.00

A lively, lucid portrait of the rain forest as seen by two uncommonly observant and thoughtful field biologists. Its 17 marvelous essays introduce the habitats, ecology, plants and animals of the Central and South American rain forest. With a lengthy appendix of practical advice for the tropical traveler. (Item no. GPS13)

#### ITMB

##### **Guatemala Map**

MAP, \$10.95

A travel map of Guatemala at a scale of 1:500,000 with good topographic relief. (Item no. CAM24)

### Also Recommended

#### Joseph Keenan

##### **Breaking Out of Beginner's Spanish**

1994, PAPER, 215 PAGES, \$18.95

Idioms, common mistakes in word usage, and other helpful advice on tackling spoken Spanish. You'll need some foundation to take full advantage of this book -- but even a complete novice will appreciate the author's playful sense of humor. (Item no. CAM06)

#### Lonely Planet

##### **Lonely Planet Guatemala**

2004, PAPER, 328 PAGES, \$18.99

A comprehensive, practical guide to Guatemala with 35 local and city maps, color photographs and extensive information on where to go and what to do. (Item no. CAM85)

*World Mapping Project*  
**Guatemala & Belize Map**

2003, MAP, \$8.95

A detailed, double-sided travel map of both Guatemala and Belize at a scale of 1:500,000. (Item no. CAM101)

*Hector Perez-Brignoll*

**A Brief History of Central America**

1989, PAPER, 223 PAGES, \$19.95

A good overview of the economic, political and social history of the region through the 1980s by a professor at the University of Costa Rica. Well written, informative and concise. (Item no. CAM49)

*Stephen Schlesinger, Stephen Kinzer*

**Bitter Fruit, The Story of the American Coup in Guatemala**

2005, PAPER, 331 PAGES, \$22.95

A foreign policy classic first published in 1982, brilliantly written and devastating in its implications. Schlesinger and Kinzer provide a dramatic account of the CIA-backed overthrow of Guatemala's democratically elected government of Jacobo Arbenz in 1954. (Item no. CAM82)

*Gianni Vecchiato*

**Guatemala Rainbow**

1990, PAPER, 128 PAGES, \$29.95

A stunning photographic tribute to the culture, daily life, festivals and textile arts of Guatemala. (Item no. GML06)

*Daniel Chauche, Victor Perera*

**Unfinished Conquest, The Guatemalan Tragedy**

1993, PAPER, 297 PAGES, \$27.50

An oral history of devastating 30-year civil war; Perera interviewed hundreds of people for this astonishing book, not only the resilient Maya but also landowners, government officials, military personnel and clergy. (Item no. CAM83)

*Carol Hendrickson*

**Weaving Identities: Construction of Dress and Self in a Highland Guatemala Town**

1995, PAPER, 245 PAGES, \$19.95

An ethnography of contemporary life in the Guatemalan highlands, and a study of the political significance and role of traditional costume. (Item no. GML07)

*Tatiana Proskouriakoff*

**An Album of Maya Architecture**

1989, PAPER, 142 PAGES, \$27.95

A classic work, first published in 1946. Scholar, artist, and architect Tatiana Proskouriakoff presents breathtaking artistic reconstructions of what the Maya sites may have looked like. (Item no. MYA06)

*Michael Coe*

**Breaking the Maya Code**

1999, PAPER, 304 PAGES, \$19.95

Mayan hieroglyphs were a linguistic puzzle until the 1952 breakthrough translation of a Mayan bark-paper text, as Coe explains in this history. The book also includes an extensive discussion of Maya studies and political activism in the wake of the linguistic discovery. (Item no. MYA30)

*Simon Martin, Nikolai Grube*

**Chronicle of the Maya Kings and Queens, Deciphering the Dynasties of the Ancient Maya**

2000, HARD COVER, 240 PAGES, \$34.95

The history of the Maya dynasties, encompassing biographies of 152 kings and queens, as gleaned from recently deciphered hieroglyphs. An unusual and rewarding book, illustrated in color and black-and-white. (Item no. MYA31)

*Mark Van Stone, Michael Coe*

**Reading the Maya Glyphs**

2005, PAPER, 160 PAGES, \$19.95

A compact, illustrated guide to commonly encountered Maya hieroglyphs with clear drawings and illuminating text; an excellent introduction to Maya writing for the traveler. (Item no. MYA26)

*Ann Hecht*

**Textiles from Guatemala**

2001, PAPER, 88 PAGES, \$19.95

A brief, illustrated survey of the techniques, styles and diversity of Guatemala's well known textiles, featuring lively commentary and color photographs of 20 pieces from the British Museum. (Item no. GML13)

*Linda Schele, Peter Mathews*

**The Code of Kings, The Language of Seven Sacred Maya Temples and Tombs**

1999, PAPER, 432 PAGES, \$20.00

A vivid guided tour of seven Maya sites, including Palenque, Tikal and Chichen Itza. This outstanding book features photos and line drawings throughout, and introductory chapters with a succinct introduction to Maya history and culture. (Item no. MYA13)

*Peter Harrison*

**The Lords of Tikal, Rulers of an Ancient City**

1999, PAPER, 208 PAGES, \$31.95

Beautifully illustrated and scholarly, this book draws together recent archaeology and a new understanding of Maya hieroglyphs to portray Tikal at the height of its influence. (Item no. MYA16)

*Michael Coe*

**The Maya**

2005, PAPER, 272 PAGES, \$22.50

A clear, concise and up-to-date introduction to Maya archaeology and culture by a leading authority, now in its seventh edition. A volume in the series, "Ancient Peoples and Places," this short book highlights the chronology, accomplishments and legacy of the Maya. (Item no. MYA10)

*Stephen Connely Benz*

**Guatemalan Journey**

1996, PAPER, 212 PAGES, \$17.95

A memoir about life in Guatemala, opening with a long chapter on life in Guatemala City, Benz moves on to the remote highlands and other little-visited regions. An excellent account of the country's political history, traditions, and indigenous cultures. (Item no. GML03)

*Rigoberta Menchu, Elisabeth Burgos-Debray*

**I, Rigoberta Menchu: An Indian Woman in Guatemala**

1987, PAPER, 252 PAGES, \$20.00

Winner of the Nobel Peace Prize in 1992, this Guatemalan woman speaks eloquently of her struggles against the military for a decent way of life. A compelling testimony to the power of a strong-minded, ordinary person and her love for her land. (Item no. GML01)

*John Lloyd Stephens*

**Incidents of Travel in Central America, Chiapas and Yucatan: Volume One**

1969, PAPER, 396 PAGES, \$14.95

The first volume of Stephens' 1843 account, an instant bestseller and still an excellent introduction to the people, culture and archaeology of Central America; follows Stephens through Belize and Guatemala, with several chapters on Copan. (Item no. MYA33)

*Ronald Wright*

**Time Among the Maya, Travels in Belize, Guatemala, and Mexico**

2000, PAPER, 464 PAGES, \$15.00

Wright combines journalism, archaeology and an ear for dialogue in this engaging account of travels among the contemporary Maya. With chapters devoted to Belize, the Peten, highland Guatemala, Chiapas and the Yucatan, it's stimulating reading. (Item no. CAM84)

*Dennis Tedlock*

**Popol Vuh, The Mayan Book of the Dawn of Life**

1996, PAPER, 388 PAGES, \$15.00

The definitive, unabridged collection of creation myths and stories of the Quiche people. Carlos Fuentes called it The Maya Bible. (Item no. MYA14)

*J.C. Kricher, Mark Plotkin*

**A Neotropical Companion**

1999, PAPER, 536 PAGES, \$27.95

A tropical primer aimed at the motivated general reader. From plants and animals, birds to bugs, it's all here in this wonderfully written primer on the ecology, habitats, plants and animals of Central and South America. (Item no. GPS11)

*Victoria Schlesinger*

**Animals and Plants of the Ancient Maya, A Guide**

2002, PAPER, 400 PAGES, \$29.95

A comprehensive guide to the natural and cultural history of 100 plants and animals of the Maya world, primarily those from the lowland tropical forest of Central America but also including savanna, mangrove and coral reef habitats. (Item no. MYA29)

*Ernest Preston Edwards*

**Field Guide to the Birds of Mexico and Adjacent Areas, Belize, Guatemala, and El Salvador**

1998, PAPER, 288 PAGES, \$22.95

This classic guide illustrates all the regularly occurring birds of Mexico and neighboring areas, and includes details of distribution, abundance, habitat and identification features for 850 species. (Item no. MEX47)

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