

## READING GUIDE

# Panama

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to <http://reading.longitudebooks.com/SB676>.

### Essential

*These 6 items are available as a package for \$85 including shipping, 15% off the retail price (Item no. EXPNM06). Any additional books ordered are shipped free.*

*Scott Doggett*

#### **Lonely Planet Panama**

2004, PAPER, 348 PAGES, \$21.99

The usual comprehensive Lonely Planet treatment, with a good overview of the history, culture and nature of Panama, along with regional maps and excellent detail on where to go, sleep and eat. Adapted from "Central America on a Shoestring" with original research by Scott Doggett, who is the primary author on a number of Latin American guides. (Item no. PNM12)

*Adrian Forsyth, Ken Miyata*

#### **Tropical Nature**

1984, PAPER, 248 PAGES, \$14.00

A lively, lucid portrait of the rain forest as seen by two uncommonly observant and thoughtful field biologists. Its 17 marvelous essays introduce the habitats, ecology, plants and animals of the Central and South American rain forest. With a lengthy appendix of practical advice for the tropical traveler. (Item no. GPS13)

*Elizabeth Royte*

#### **The Tapir's Morning Bath**

2002, PAPER, 336 PAGES, \$14.00

Subtitled "Mysteries of the Tropical Rain Forest and the Scientists Who Are Trying to Solve Them," this book is an engaging account of ecological research and ecologists at Barro Colorado Island, the Smithsonian Institution's Tropical Research Station in Panama. Royte, a journalist and research-assistant-at-large, is an entertaining and insightful guide to flora, fauna and science. (Item no. AMZ74)

*Ulrich Keller*

#### **The Building of the Panama Canal in Historic Photographs**

1983, PAPER, 111 PAGES, \$12.95

These archival photographs tell the story of the people who built the Panama Canal, the engineers who designed it and the changes wrought on the landscape through its construction. (Item no. CAM41)

*David McCullough*

#### **The Path Between the Seas, The Creation of the Panama Canal: 1870-1914**

2004, PAPER, 700 PAGES, \$18.00

This prize-winning book tackles the full scope of the history of the Panama Canal, its characters, technical difficulties and the Byzantine politics involved. It's a great story that master McCullough plumbs with a deft hand. Capturing all the international intrigue, you couldn't make up a better story. It's 700 pages long but reads like a suspense novel. (Item no. CAM32)

*ITMB*

#### **Panama Map**

2006, MAP, \$9.95

A full-color, double-sided map of Panama for the traveler at the detailed scale of 1:480,000. Printed on water- and tear-resistant plastic paper. (Item no. CAM25)

### Also Recommended

*Joseph Keenan*

#### **Breaking Out of Beginner's Spanish**

1994, PAPER, 215 PAGES, \$18.95

Idioms, common mistakes in word usage, and other helpful advice on tackling spoken Spanish. You'll need some foundation to take full advantage of this book -- but even a complete novice will appreciate the author's playful sense of humor. (Item no. CAM06)

*Anne Vipond*

#### **Panama Canal by Cruise Ship**

2004, PAPER, 336 PAGES, \$19.95

An outstanding guide to the Panama Canal, and popular ports of call in Mexico, the Caribbean and Central America. It features a mile-by-mile guide to the transit, a history of the building of the canal and a detailed pullout map. (Item no. PNM13)

*Jay M. Pasachoff, Michael A. Covington*

**The Cambridge Eclipse Photography Guide**

1993, PAPER, 135 PAGES, \$20.99

Subtitled "How and Where to Observe and Photograph Solar and Lunar Eclipses," this brief practical guide includes everything you would want to know about photographing the phenomenon. (Item no. GEN29)

*Hector Perez-Brignoll*

**A Brief History of Central America**

1989, PAPER, 223 PAGES, \$19.95

A good overview of the economic, political and social history of the region through the 1980s by a professor at the University of Costa Rica. Well written, informative and concise. (Item no. CAM49)

*Ralph Lee Woodward*

**Central America, A Nation Divided**

1999, PAPER, 448 PAGES, \$31.95

A balanced standard history of the region -- popular as a university textbook and thoroughly revised to reflect the momentous events in the region since 1976. With an extensive guide to further reading. (Item no. CAM80)

*Anthony G. Coates*

**Central America, A Natural and Cultural History**

1999, PAPER, 296 PAGES, \$20.00

A concise overview of the region with contributions by diverse authors on the geology, natural history and culture of the Central American isthmus. (Item no. CAM69)

*Jeffery M. Paige*

**Coffee and Power: Revolution and the Rise of Democracy in Central America**

1998, PAPER, 448 PAGES, \$22.95

Panoramic in scope, this scholarly history examines the emerging democracies of Central America and especially the political impact on powerful families who control coffee production. (Item no. CAM50)

*John Lindsay-Poland*

**Emperors in the Jungle, The Hidden History of the U.S. in Panama**

2003, PAPER, 280 PAGES, \$19.95

A history and expose of U.S. military adventures and incursions in Panama, from the building of the Panama Canal, to a decades-long Army program of chemical weapons testing, and an analysis of the 1989 invasion. (Item no. PNM24)

*Ovidio Diaz Espino*

**How Wall Street Created a Nation: J.P. Morgan, Teddy Roosevelt, and the Panama Canal**

2003, PAPER, 276 PAGES, \$16.00

An intriguing look into the treachery, behind-the-scenes financial wrangling and Roosevelt-era dollar diplomacy that resulted in both the Panama Canal and the establishment of Panama as an independent nation. (Item no. PNM23)

*John McPhee*

**Looking for a Ship**

1991, PAPER, \$15.00

In his signature style of exploring important but ignored subjects, John McPhee explores the dying industry of the Merchant Marine. (Item no. GEN133)

*William Friar*

**Portrait of the Panama Canal, from Construction to the Twenty-First Century**

2003, PAPER, 80 PAGES, \$16.95

A photo-essay with contemporary and archival photographs of the Panama Canal, as well as a short history, featuring 60 color and 10 archival images. (Item no. CAM54)

*Mari Lyn Salvador*

**The Art of Being Kuna, Layers of Meaning Among the Kuna of Panama**

1997, PAPER, 360 PAGES, \$45.00

The catalogue from a big stateside exhibition of arts of the Kuna, this book collects essays on molas, music, storytelling and dance, as well as more than 500 illustrations (330 in color). (Item no. PNM17)

*Edmund Morris*

**Theodore Rex**

2002, PAPER, 792 PAGES, \$16.95

A celebrated biography tackling Roosevelt's presidency from 1901 to 1909 -- and his role in creating an American Empire. (Item no. USE310)

*Larry Habegger, Natanya Pearlman*

**Travelers' Tales Central America**

2001, PAPER, 277 PAGES, \$17.95

A collection of eyewitness reports by journalists, travelers and writers, including Joan Didion, P.J. O'Rourke and Paul Theroux. (Item no. CAM96)

*Graham Greene*

**The Captain and the Enemy**

2005, PAPER, 208 PAGES, \$14.00

Graham Greene returns to classic themes of mystery, deceit and espionage in this accomplished short novel, his 23rd and last book involving deceit and espionage in Panama and Latin America. (Item no. CAM53)

*John Le Carre*

**The Tailor of Panama**

1997, PAPER, 512 PAGES, \$7.99

Set in Panama, this thriller by master storyteller John Le Carre includes spymasters, corrupt officials, arms manufacturers and other unsavory stereotypes. (Item no. CAM51)

*Egbert G. Leigh, Jr, Christian Ziegler*

**A Magic Web, The Tropical Forest of Barro Colorado Island**

2002, HARD COVER, 292 PAGES, \$40.00

A generously illustrated overview of the nature and ecology of Barro Colorado Island. (Item no. CAM100)

*J.C. Kricher, Mark Plotkin*

**A Neotropical Companion**

1999, PAPER, 536 PAGES, \$27.95

A tropical primer aimed at the motivated general reader. From plants and animals, birds to bugs, it's all here in this wonderfully written primer on the ecology, habitats, plants and animals of Central and South America. (Item no. GPS11)

*Kevin Schafer, Downs Matthews*

**Beneath the Canopy, Wildlife of the Latin American Rain Forest**

1999, PAPER, 144 PAGES, \$29.95

Portraits of the birds, mammals, reptiles and other elusive animals of the neotropic rainforest, with essays by Downs Matthews and color photographs by veteran naturalist Kevin Schafer. (Item no. AMZ58)

*Alwyn Gentry*

**Four Neotropical Rainforests**

1993, PAPER, 627 PAGES, \$50.00

A good reference to the flora, fauna and ecology of four representative tropical forests: Manaus (Brazil), Park Manu (Peru), Barro Colorado Island (Panama) and La Selva (Costa Rica). (Item no. AMZ33)

*Michael Maunder, Patrick Moore*

**The Sun in Eclipse**

1997, PAPER, 260 PAGES, \$34.95

Aimed at the experienced observer, this survey of solar eclipses not only explains the phenomenon but also includes suggestions on photography and viewing. (Item no. SCI27)

*Robert Ridgely, J.A. Gwynne*

**A Guide to the Birds of Panama with Costa Rica, Nicaragua and Honduras**

1992, PAPER, 534 PAGES, \$49.95

A comprehensive field guide, recently updated and masterfully researched. This sturdy edition covers additional species occurring in Nicaragua, Honduras, and Costa Rica. (Item no. CAM07)

*Paul Humann*

**Snorkeling Guide to Marine Life**

1995, PAPER, 80 PAGES, \$14.95

A compact guide illustrating all the fishes, corals, invertebrates and plants you are most likely to encounter in less than 15 feet of water in the Caribbean. (Item no. DIV02)

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